

Tea Brewing Guide

Tea Type	Quantity Per 6oz	Water	Temp F/C	Steeping Time (minutes)	# of Infusions
Black	1 tsp	Boiling	208°/98°	3-6	2-3
Green	1 tsp	Just under boil	175°/80°	2-3	4-6
White	1tsp	Just under boil	175°/80°	2-3	3
Rooibos	1tsp	Boiling	208°/98°	4-6	2
Mate	1tsp	Just under boil	175°/80°	3-6	Varies
Herbal	1.5 tsp	Boiling	208°/98°	5+	Varies
Medicinal	1.5 tsp	Boiling	208°/98°	5+	Varies

For more intense flavor or for iced tea, increase the amount of tea not steeping time.