

# Consultations

At Kolya Naturals, our aim is to leave you well informed about natural skincare — our deepest passion! We offer affordable consultations to allow for product trial and skincare advice so you can get your every question answered.

## SKINCARE CONSULTATION (45 MIN) .....\$50

Your skin is as individual as you. Our Kolya Naturals spa line consultations will include a product application to experience the products, and a discussion about your individual needs, plus our best recommendations for you.

# Brow Artistry

## BROW SHAPE & TRIM (15-20 MIN).....\$25

Eyebrows are meticulously tweezed and shaped enhancing your eyes and giving your face an instant lift.

*\*All prices, services and times are subject to change*

# Sugaring

Sugaring is a completely natural and safe method of hair removal for women and men. It is chemical-free and biodegradable! Because the sugar does not adhere to the skin in the same way wax does, there is far less chance of damage to the skin (although rare in our experience, for some with sensitive skin, bruising or discolouration can occur). All treatments are finished with either a soothing Hungarian Mud mask or healing skin serum. To prevent unnecessary discomfort from pulling, appointments should be booked at  $\frac{1}{8}$  inch of hair growth.

Upper Lip • 15 min .....	\$25
Lower Face • 30 min .....	\$40
chin, jaw, upper lip	
Underarm • 20 min .....	\$35
Eyebrows • 20 min .....	\$40
<i>*\$25 when combined with another service</i>	
Lower Arm • 30 min .....	\$45
Bikini • 30 min .....	\$45
Brazilian • 45 min .....	\$75
Re-book Brazilian • 30 min .....	\$55
<i>*for Kolya clients rebooking Brazilian service</i>	
Women's Half Leg • 30 min .....	\$50
Women's Full Leg • 1 hour .....	\$75
Men's Half Leg • 45 min .....	\$65
Men's Full Leg • 1 ¼ -1 ½ hours .....	\$100
Back or Chest • 45-60 min .....	\$90

Book your treatment online!

**KolyaNaturals.com/spa**

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**KOLYA**  
pure skincare & botanicals  
est. 2002

Spa  
MENU

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WE ARE REALLY PROUD OF OUR HEALTHFUL AND LUXURIOUS SPA SERVICES. WE ONLY USE OUR FAVOURITE SKINCARE LINES, EACH OF WHICH IS NATURAL, ORGANIC, OR BIODYNAMIC. THEY NOURISH AND FEED THE SKIN, AND ALSO SMELL EXQUISITE!

## Facials & Body Treatments

### KOLYA SIGNATURE CUSTOM FACIAL

Our aestheticians, calling on knowledge and intuition, will tailor the perfect facial for your skin, and soul. Various products from our exceptional lines will be chosen based on their properties and how they will affect your skin. The rhythm and intention behind this treatment is to reach a place of inner calm while being immersed in nourishing botanicals.

**60 MIN** ..... \$110

*Includes 2 masques, hand and arm aesthetic massage*

**90 MIN** ..... \$142

*Includes 3 masques, legs and feet AND hand and arm aesthetic massage*

**120 MIN** ..... \$164

*Includes 4 masques, and additional legs, feet, hand, and arm aesthetic massage*

**ADD-ON: CUSTOM DECOLLETE** ..... \$30

*If you are looking for that extra bit of love, allow our aestheticians some extra time to provide it for you. We will extend the nourishment and pampering provided to your face by fully treating your décolleté with and extractions, masks and serum application.*

**TATA HARPER LUXURY FACIAL (90 MIN)** ..... \$184

Experience the synergistic effects of Tata Harper products, with this profoundly powerful facial intended for ultimate pampering & regeneration.

**ADD ON: TATA HARPER PROFESSIONAL PEEL** ..... \$40

*Will be substituted for the second masque during the Luxury Facial*

**DR. HAUSCHKA ULTIMATE EXPERIENCE (120 MIN)** ..... \$164

Bring balance back to your skin and self with this relaxing, yet very intensive face and body treatment. Starting with a foot bath, followed by gentle herbal-based cleansers, masques, toners, and creams. Unwind with rhythmic touch and flowing movements designed to stimulate the lymphatic system.

**THE SPRUCE-UP (60 MIN)** ..... \$110

Allow us to immerse you into a forest of spruce with this facial treatment. Our aestheticians have thoughtfully chosen products which best address the needs of a male's skin. No need to shave before this treatment! Lumberjack beards to a clean-shaven face, all are welcome here.

**CLARIFYING BACK FACIAL (60 MIN)** ..... \$100

Restore balance and poise to this hard-to-reach, often neglected part of your skin. We will clarify and soften your back helping to improve appearance and texture, while providing a gentle, aesthetic massage to help relieve tension from stress.

*Upon request, all facials dedicate 5 minutes for extractions where necessary.*

*\*\* Additional time for extractions may be booked for \$15 (+15min)*

## Peels

Our philosophy at Kolya Naturals prioritizes pure ingredients that work for your skin, within it's natural rhythms. The skin naturally exfoliates dead skin cells, yet over-exfoliation can be damaging, leading to more problems, often found in chemical peels. This is why we use non-toxic natural peels that strengthen and moisturize your skin, rather than strip and irritate it, leaving you with an immediate healthy glow. Our ingredients are gentle, but active; therefore, before a peel is applied our aestheticians will do a thorough consult with you, to make sure this is the best treatment for your skin.

*All peels dedicate 5 minutes for extractions, where necessary.*

*\*\* Additional time for extractions may be booked for \$15 (+15min)*

**KOLYA CUSTOM PEEL (30MIN)** ..... \$65

Awaken your skin's inner beauty using Eminence's Professional Peels to remove dehydrated skin cells and unclog pores, leaving your skin softer and more radiant. Natural fruit acids are absorbed into the first four layers of the epidermis to safely and gently encourage cellular turnover and healing. These gentle peels are effective without resulting in redness or recovery time. Indulge on a regular basis to keep your skin vibrant and refreshed.

**TATA HARPER RADIANCE PEEL (30MIN)** ..... \$75

This two step peel uses 12 different naturally sourced acid complexes that will reduce and prevent dark spots from sun exposure, acne, scarring and more. This helps even skin tone and restore an overall brightness to your complexion. Try a series of this peel for the most dramatic results.

## Package

**EARTH AND FLOWERS (180 MIN / 3HRS)** ..... \$360

Allow yourself to be wrapped in mineral rich Moor Clay to detoxify & relax the body. To begin we provide a dry brush exfoliation, where then a hydrating facial is interwoven throughout this treatment starting while cocooned in clay, and then continued after the mud is washed from the body. Your experience is completed with a relaxing effleurage of botanically infused oils. Earth & Flowers is our most lavish natural indulgence.

### KINDLY NOTE

Kolya's spa treatments provided by our expert holistic aestheticians cannot be received as a massage therapy service. (Extended healthcare receipts can only be provided for treatments by RMT's)

## Spa Etiquette

- \* We have two beautiful, spacious treatment rooms that book up quickly... not to mention, unique and sought after treatments. We apologize in advance for any wait.
- \* Please note, currently, we have limited evening and Saturday availability.
- \* Kindly give a 24-hour notice if you cannot keep your appointment. Failure to do so will result in you being charged 50% of the service fee to be paid upon your next visit. Thank you for respecting our time, and others who wish to have the appointment time.
- \* We suggest removing your makeup before your facial as it allows more time for facial massage.
- \* If this is your first treatment with us, please arrive at least 10 minutes early in order to fill out necessary forms without carving into your treatment time.
- \* If you have known allergies/sensitivities, please let us know prior to your arrival so we can select products in your best interest.
- \* Love one of the products we used? Just ask and we can have it ready to purchase and take home after your treatment.